

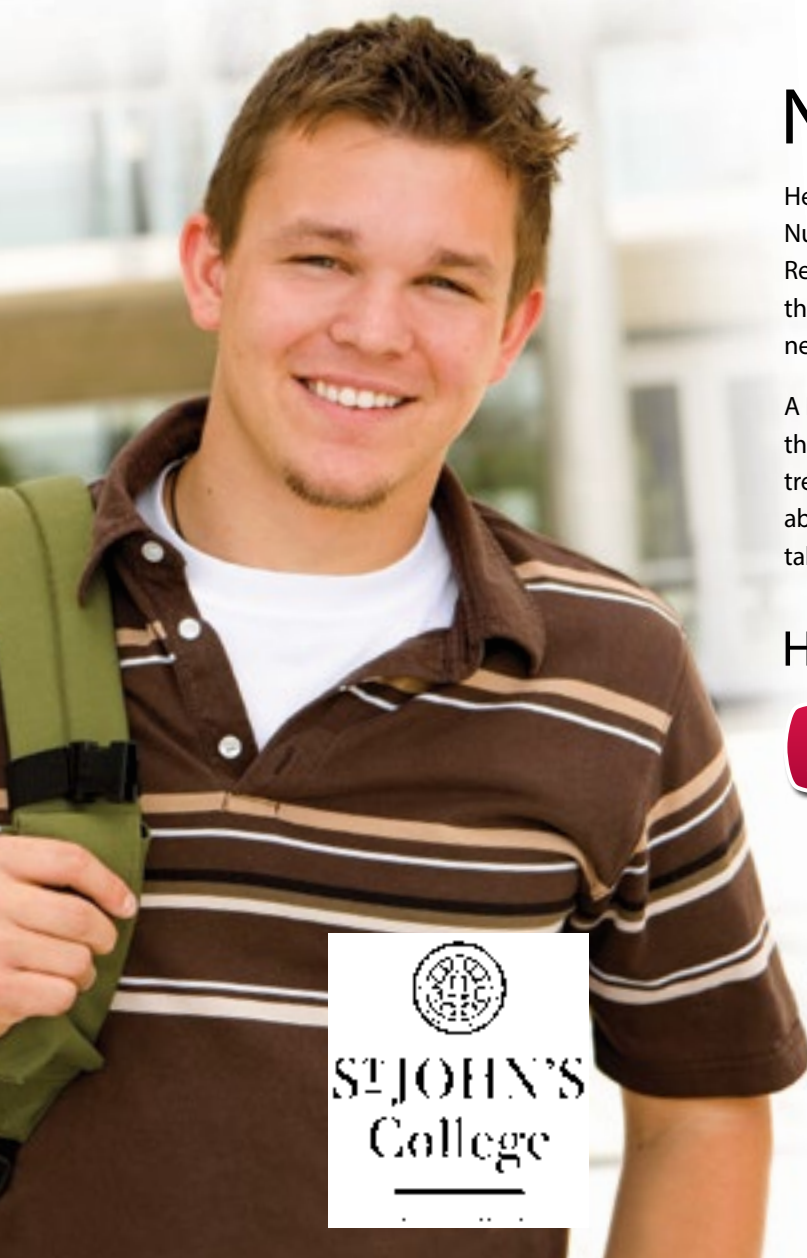
Exclusively for St. John's College Annapolis Students

Health**Advocate**[™]

Get Started

Welcome to Your All-in-1 Health Advocate Benefit

Your comprehensive Health Advocate benefit supports you and your eligible dependents with a wide range of issues—all at no cost to you. Our experts can offer trusted advice when you need it most. We look forward to serving you!



NurseLine[™]

Health questions and issues can come up anytime. With NurseLine, you and your family have unlimited access to a Registered Nurse day or night. You can rest easy, knowing there's somewhere to turn for trusted advice when you need it most.

A Registered Nurse can help guide you to the right care at the right time, self-care measures to ease symptoms and treat non-urgent conditions, and dependable information about diseases and medications. NurseLine can help you take charge of your health.

Help is Only a Phone Call Away



1-877-957-3774

HealthAdvocate.com/members



HealthAdvocate[™]
Always at your side

Getting Started: Your Health Advocate Benefit



Our experienced nurses are available 24/7 to...

- Offer self-care information for non-urgent health issues
- Direct you to the appropriate care for immediate attention, if needed
- Answer questions about symptoms or medications
- Recommend how to treat a fever in the middle of the night
- Tell you if your symptoms mean you have the flu
- Explain health conditions and treatments
- Advise how to ease common problems such as a sore shoulder
- Inform you of side effects of your medications

Remember...

Call 911 or go to the ER in an emergency.

NurseLine is the perfect resource for when you can't reach your doctor and need immediate answers to your health questions. Call anytime 24/7.

Help is Only a Phone Call Away

The Health Advocate benefit assists the student as well as any dependents. Services are free and confidential, and are available online or by phone.



1-877-957-3774



Email: answers@HealthAdvocate.com
Web: HealthAdvocate.com/members



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